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## **“Raising Great Kids” Community Speaker Series begins October 23**

After an outstanding response from the community last year, this year’s **“Raising Great Kids”** Speaker Series will feature nationally-recognized and local experts who will provide insight and practical advice on issues including **Stress and Resiliency, Social Media Safety, and Positive Parenting**. New to the series this year is a “Community Conversations” event designed to foster small group discussions on a diverse group of topics and moderated by experts in each field of focus.

The **“Raising Great Kids”** Series kicks off on October 23rd, 7 pm at Council Rock South with [Dr. Ken Ginsburg](#) leading a discussion about **Authentic Success—preparing our children for life and helping them deal with stress**. “We are thrilled to have the **“Raising Great Kids”** Speaker Series provided to our community,” said Patty Wargo, CARES Coordinator at CR North, “and we look forward to hearing Dr. Ginsburg’s presentation.”

A pediatrician specializing in Adolescent Medicine at The Children’s Hospital of Philadelphia (CHOP), Dr. Ginsburg is also a Professor of Pediatrics at the University of Pennsylvania School of Medicine. Dr. Ginsburg has appeared on CNN, NPR and The Today Show, providing practical approaches that parents can use to build resilience in children. Dr. Ginsburg’s two best-selling books *Building Resilience in Children and Teens: Giving Kids Roots and Wings*, and *Letting Go with Love and Confidence: Raising Responsible, Resilient, Self-Sufficient Teens*, will be available for purchase at the October 23<sup>rd</sup> event.

Presented by the Council Rock Coalition for Healthy Youth (CRCHY) and the Council Rock Education Foundation, this year’s Speaker Series is made possible through a partnership with The Children’s Hospital of Philadelphia. “I am very pleased to see these outstanding groups working together to bring these opportunities to the parents of our community,” says Mark Klein, Superintendent of Schools for Council Rock. “These issues are the most critical ones that our students face today” says CRCHY Director Debbie Moskovitz, “even if you don’t believe that the issue relates to your child, these discussions will help parents become better prepared to handle them if they do appear.”

The Series will continue in January with presentations on Social Media, Substance Abuse and Positive Parenting. The *Raising Great Kids* series is open to the whole community, not just Council Rock parents. Register online at [www.creducationfoundation.org](http://www.creducationfoundation.org) or RSVP to [CRCHY@crsd.org](mailto:CRCHY@crsd.org). Registration is encouraged, but not required. For more information on these programs, and to download a flyer to distribute in your school, community center, or place of worship, visit [www.creducationfoundation.org](http://www.creducationfoundation.org) or email [office@creducationfoundation.org](mailto:office@creducationfoundation.org).

The Council Rock Coalition for Healthy Youth is a non-profit organization dedicated to reducing at-risk behaviors of our youth, helping them reach their full potential in a healthy environment. The Council

Rock Education Foundation is a non-profit dedicated to supporting innovative education programs and bringing the community together in support of Council Rock Schools.

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**Smartphones to Social Media**

Teaching teens to use technology safely

January 27, 2015 – Newtown Middle School

**Unguarded – A Conversation with Chris Herren**

Making better choices and preventing substance abuse

February 2015 TBD

**Community Conversations**

Wednesday March 25, 2015

Discussing a variety of issues including Communication Do's and Don'ts, Optimizing Teen Sleep and Dealing with Stressed out students.

**Positive Parenting – Encouraging smart choices**

April TBD 2015

Attached pictures:

- Poster for “Raising Great Kids” series
- Image of teens
- Image of Teens with title of Speaker Series text below